


**An Update on EGFR Inhibitors**

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**Disclosure**

- Leigh M. Boehmer, Pharm.D., has no real or apparent conflicts of interest to report



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**Objectives**

- Summarize the pharmacology of epidermal growth factor receptor (EGFR) inhibitors
- Explain the current role of EGFR's in the treatment of cancers
- Describe a management strategy for patients taking EGFR's



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### Epidermal Growth Factor Receptor

- Member of ErbB family of receptor tyrosine kinases
- Overexpressed in a variety of epithelial cancers
- Downstream signaling pathway helps regulate:
  - Differentiation
  - Proliferation
  - Tumor migration
  - Angiogenesis
  - Apoptosis

Choong N and Cohen E. *Critical Reviews in Oncology/Hematology*. 2006;57:25-43.



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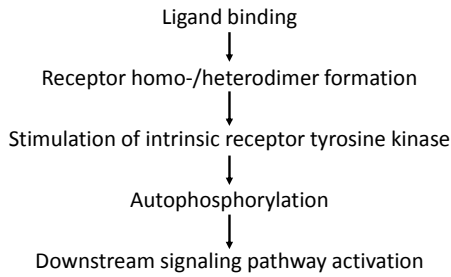
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### EGFR Activation



Reuter C, et al. *British Journal of Cancer*. 2007;96:408-16.



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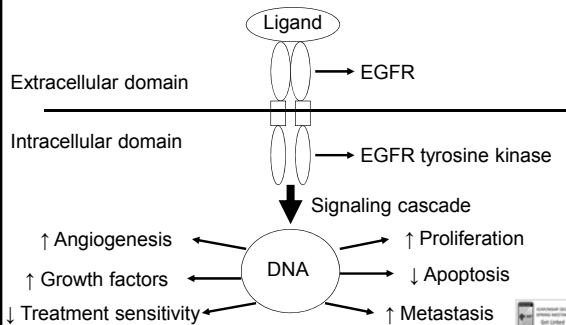
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### EGFR Structure and Function



Adapted from Harari P. *Endocrine-Related Cancer*. 2004;11:689-708.



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### EGFR Overexpression and Prognosis

- Advanced stage at diagnosis
- ↑ tumor size
- ↑ rate of recurrence
- ↓ survival
- ↓ sensitivity to radiation therapy

Choong N and Cohen E. *Critical Reviews in Oncology/Hematology*. 2006;57:25-43.



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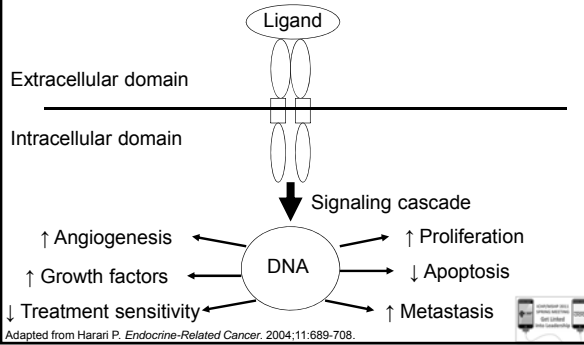
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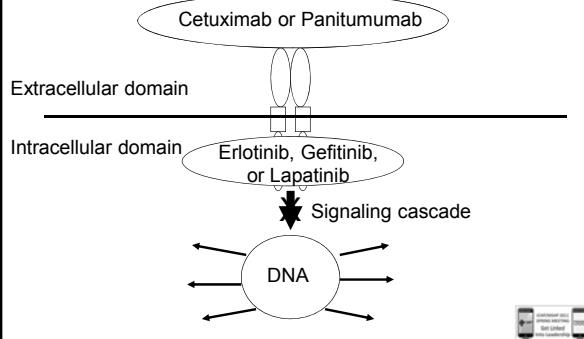
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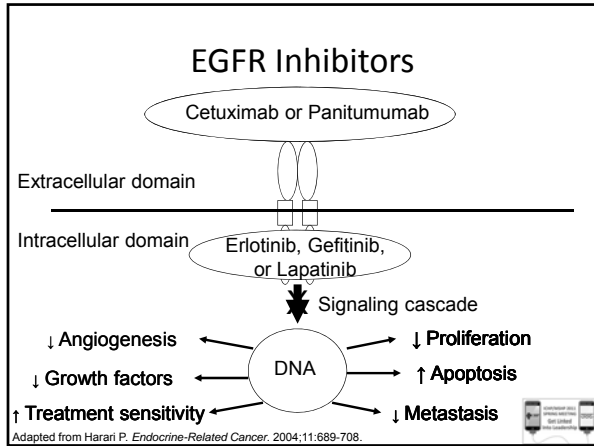
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### Cetuximab (Erbix<sup>®</sup>)

- Indications:
  - Metastatic colorectal cancer, EGFR-expressing
  - Locally advanced or metastatic head and neck cancer
- Dosing:
  - Loading dose – 400 mg/m<sup>2</sup> IV over 2 hours
  - Maintenance – 250 mg/m<sup>2</sup> IV over 1 hour weekly
- Premeds:
  - H<sub>1</sub> antagonist IV 30-60 mins prior to loading dose
  - Consider: H<sub>2</sub> antagonist IV, corticosteroid IV, and/or albuterol neb 2.5 mg



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### Panitumumab (Vectibix<sup>®</sup>)

- Indications:
  - Metastatic colorectal cancer, EGFR-expressing
- Dosing:
  - 6 mg/kg IV every 2 weeks over 1 hour
  - Doses >1000 mg infuse over 1.5 hours
- Premeds:
  - None recommended – fully humanized antibody



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### Kirsten Rat Sarcoma (KRAS) Mutations

- Signal-transducing protein in the EGFR pathway
- Mutations lead to constitutive downstream signaling without prior EGFR activation
- Mutation frequency ~40% in metastatic colorectal cancer
- Mutation frequency ~25% in NSCLC
- Mutated KRAS may lead to lack of response to EGFR inhibitors and cancer progression

NSCLC = non-small cell lung cancer



Mandl E, et al. *Am J Health-Syst Pharm.* 2009;66:2105-12.

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### EGFR Inhibitor Response and KRAS Mutation Status

EGFR Inhibitor	Concurrent Therapies	No. (%) with KRAS Mutated	KRAS Mutated Response	KRAS Wild-type Response	P Value
Cetuximab (N=540) <sup>a</sup>	FOLFIRI	192 (36)	PFS 7.6 mo	PFS 9.9 mo	0.007
Cetuximab (N=337) <sup>b</sup>	FOLFOX	99 (42)	PFS 5.5 mo	PFS 7.7 mo	0.0009
Panitumumab (N=463) <sup>c</sup>	Best supportive care	199 (43)	Response rate 0%	Response rate 17% (N=21)	<0.0001
Cetuximab (N=394) <sup>d</sup>	Best supportive care	164 (42)	Overall survival 4.5 mo	Overall survival 9.5 mo	0.01

<sup>a</sup>Van Cutsem E, et al. *J Clin Oncol*. 2008;26(suppl):abstract 2; <sup>b</sup>Bokemeyer C, et al. *J Clin Oncol*. 2008;26(suppl):abstract 4000; <sup>c</sup>Amado R, et al. *J Clin Oncol*. 2008;26:1626-34; <sup>d</sup>Karapetis C, et al. *N Engl J Med*. 2008;359:1757-65.

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### Erlotinib (Tarceva®)

- Indications:
  - Locally advanced or metastatic non-small cell lung cancer
  - Locally advanced, unresectable, or metastatic pancreatic cancer with gemcitabine
- Dosing:
  - Lung cancer – 150 mg PO daily
  - Pancreatic cancer – 100 mg PO daily
- Dose adjustments:
  - Current smokers – max dose of 300 mg PO daily
  - CYP3A4 inhibitors/inducers




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### Gefitinib (Iressa®)

- Indication:
  - Locally advanced or metastatic non-small cell lung cancer, continued therapy
- Dosing:
  - 250 mg PO daily
  - Must enroll in Iressa® Access Program
- Notable adverse effect:
  - Pulmonary toxicity – rare, potentially fatal interstitial lung disease




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**Lapatinib (Tykerb®)**

- Indication:
  - Advanced or metastatic breast cancer, HER2/neu overexpressing
- Dosing:
  - With capecitabine – 1250 mg PO daily
  - With letrozole – 1500 mg PO daily
- Dose adjustments:
  - Strong CYP3A4 inhibitor – ↓ to 500 mg PO daily
  - Strong CYP3A4 inducer – ↑ to 4500-5500 mg PO daily



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### Cetuximab Infusion Reactions

- Premedications required
- Anaphylaxis treatment should be available
  - Epinephrine, hydrocortisone, diphenhydramine
- Monitor during and at least 1 hour after infusion
- 90% severe reactions occur with first dose




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### Dermatologic Toxicities

- Dose dependent, acneiform skin rash
- ~80% grade 1-2 reaction
- Median onset 1-2 weeks
- Found in seborrheic areas
- Studies show relationship between skin rash and improved response



Segaert S and Van Cutsem E. *Annals of Oncology*. 2005;16:1425-33.

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### Dermatologic Toxicities

Toxicity	Frequency/Time Course	Characteristics
Xerosis / dry skin	~35%; several weeks	Dry, scaly, itchy skin that can develop into fissures
Paronychia (nail changes)	~15%; weeks to months	Painful inflammation of the nail fold
Hair changes	Progressive appearance with prolonged use	Long, curly eyelashes
Hyperpigmentation	May be seen following acneiform eruption	Post-inflammatory skin discoloration; worsened with sun exposure



Segaert S, et al. *JDDG*. 2005;3:599-606.

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### General Dermatologic Measures

- Maximize skin hydration
  - Bath oils / shower gels
  - Tepid water
- Emollient creams / lotions
- Minimize direct sun exposure
  - Brimmed hats
  - Sunblock (at least SPF 15)
- Consider dermatology consult

Segaert S and Van Cutsem E. *Annals of Oncology*. 2005;16:1425-33.




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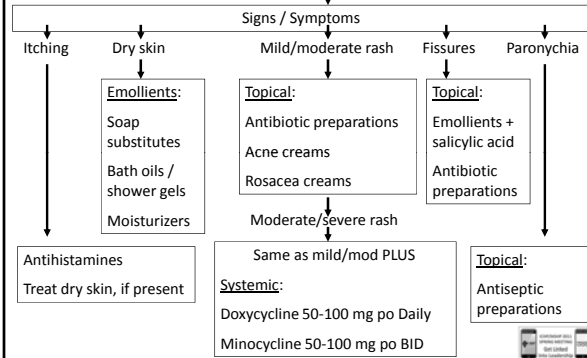
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### Treatment of skin reactions



Adapted from Segaert S, et al. *JDDG*. 2005;3:599-606.




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### Future Directions

- Irreversible pan-ErbB tyrosine kinase inhibitors
  - Canertinib
  - Neratinib
- Suppression of EGFR T790M mutation
  - BIBW2992
- Dual-target ErbB family inhibitors
  - EGFR, HER2, VEGF
  - EGFR, HER2, HER4

VEGF = vascular endothelial growth factor

McNeil C. *Journal of the National Cancer Institute*. 98;(16):1102-3.




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### Audience Response

Erlotinib is an inhibitor of the EGFR tyrosine kinase. Inhibition of this kinase activity results in which of the following?

- a. Decreased treatment sensitivity
- b. Increased angiogenesis
- c. Decreased cell proliferation
- d. Increased metastasis



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## **An Update on EGFR Inhibitors: Suggested Readings**

Dahabreh I, Terasawa T, Castaldi P, et al. Systematic Review: Anti-Epidermal Growth Factor Receptor Treatment Effect Modification by KRAS Mutations in Advanced Colorectal Cancer. *Annals of Internal Medicine*. 2011;154:37-49.

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Segaert S, Tabernero J, Chosidow O, et al. The management of skin reactions in cancer patients receiving epidermal growth factor receptor targeted therapies. *JDDG*. 2005;3:599-606.

Segaert S and Van Cutsem E. Clinical signs, pathophysiology and management of skin toxicity during therapy with epidermal growth factor receptor inhibitors. *Annals of Oncology*. 2005;16:1425-33.

Yoon Y, Kim H, Han S, et al. Combination of EGFR and MEK1/2 inhibitor shows synergistic effects by suppressing EGFR/HER3-dependent AKT activation in human gastric cancer cells. *Mol Cancer Ther*. 2009;8:2526-36.

ICHP/MSHP 2011 Spring Meeting  
Clinical Pearls - An Update on EGFR Inhibitors  
Leigh Boehmer, PharmD, BCOP  
121-000-11-015-L01-P

Post Test Questions:

1. EN is a 64 year old male with newly diagnosed metastatic colorectal cancer. His tumor is known to be EGFR-expressing and to harbor a mutated KRAS gene. What recommendation would you give his physician about epidermal growth factor receptor-targeted therapy as part of his initial chemotherapy regimen?
  - a. Panitumumab is appropriate for use given his mutated KRAS status.
  - b. Lapatinib is not appropriate for use given it only targets HER2/neu.
  - c. Erlotinib is appropriate for use given his tumor is EGFR-expressing.
  - d. Cetuximab is not appropriate for use given his mutated KRAS status.
  
2. Two weeks after starting single-agent erlotinib for metastatic non-small cell lung cancer, YM comes to the clinic complaining of an acne-like rash. Upon inspection, you note a Grade 3 moderate/severe maculopapular skin rash on her face and neck. In addition to topical acne cream, which of the following regimens would you recommend?
  - a. Doxycycline 100 mg po Daily
  - b. Sulfamethoxazole/trimethoprim 1 DS tab po BID
  - c. Minocycline 50 mg po Daily
  - d. Amoxicillin 500 mg po BID