# Sterile Compounding Training and Certification

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#### Disclosure

• There are no relevant financial or non-financial conflicts of interest in relation to this work.

#### Learning Objectives

- Review some of the regulatory requirements for sterile compounding training
- Outline one way to elevate team members to qualified evaluators of sterile compounding
- Identify an opportunity for team members to showcase their training in and understanding of sterile compounding

#### **Abbreviations**

- ACPE: Accreditation Council for Pharmacy Education
- APhA: American Pharmacist Association
- ASHP: American Society of Health-System Pharmacists
- BCSCP: Board Certified Sterile Compounding Pharmacist
- BPS: Board of Pharmacy Specialties
- CE: Continuing Education

#### Abbreviations

- CPhT: Certified Pharmacy Technician
- CSPT: Certified Compounded Sterile Preparation Technician
- IL: Illinois
- IV: Intravenous
- PPE: Personal Protective Equipment
- PTCB: Pharmacy Technician Certification Board

#### Abbreviations

• RUMC: Rush University Medical Center

• USP: United States Pharmacopeia

USP-NF: United States Pharmacopeia-National Formulary

Review some of the regulatory requirements for sterile compounding training

#### Regulatory Requirements: USP<797> 2008

- "Adequately skilled, educated, instructed and trained"
- Trained by expert personnel
- Formal quality assurance program

#### Regulatory Requirements: USP<797> 2008

- Initial and on-going:
  - Written test
  - Glove fingertip test
  - Media fill test
  - Hand hygiene and garbing
  - Cleaning
- Documentation: initially and annually
  - Remediation, re-test

# Regulatory Requirements: IL Pharmacy Practice Act

- Section 1330.640 Pharmaceutical Compounding Standards
  - As of May 1, 2019: USP-NF
- Trained compounding personnel
  - Pharmacists (including pharmacy school students)
  - Pharmacy technicians (certified or not)

# Regulatory Requirements: Technician Training Programs (Proposed)

- Proposed upcoming change
  - Required pharmacy technician training
- ASHP/ACPE accreditation standards for training (goals)
  - Understand preparation and process for sterile compounding
  - Prepare compounded sterile preparations

#### Regulatory Requirement: CSPT

- Eligibility (one or the other)
  - Recognized training program + one year of experience
  - Three years of experience
- Exam
  - Not just on aseptic technique

# Regulatory Requirement: CSPT

- Renewal
  - Annually
  - 5 hours of sterile compounding CE

#### Question #1

The IL Pharmacy Practice Act Pharmaceutical Compounding Standards are governed by:

- A. FDA (Food and Drug Administration)
- B. CMS (Centers for Medicare & Medicaid)
- C. USP-NF (United States Pharmacopeia-National Formulary)
- D. TJC (The Joint Commission)

Outline one way to elevate team members to qualified evaluators of sterile compounding

# Why have multiple experts?

- Regulatory visits
- Up to date documents
- Team accountability
- Competencies

# Why have multiple experts?

- Quick evaluation and implementation
  - Drug shortages
  - Supply shortages
  - PPE shortages
  - Staffing shortages

#### RUMC Inpatient IVs Overview

- Adult
- Pediatric
- Chemotherapy
- Operating Room
- RIVA

- Challenges to overcome
  - Competencies for a large number of team members
  - Staffing for adequate training
  - Growth opportunities within IV specialties
  - Peer to peer accountability
  - In depth understanding of regulatory requirements

- Overview:
  - Adult IV training
  - Annual competencies

- Eligibility criteria & expressed interest
- Super-user training and competencies
  - IV training
  - Competencies

- Dry lab
  - Hand hygiene and garbing
  - Cleaning and material handling
  - IV supplies
  - Resource materials
  - Aseptic technique via practice labels

- Hands-on training
- Initial competencies
- Annual Competencies
  - Glove fingertip testing
  - Media fill
  - Cleaning

- Weekly check-ins during training
  - Feedback provided by trainees
- Review of documentation

#### Question #2

Which of the following is not a benefit to having multiple sterile compounding experts?

- A. Quick evaluation and implementation
- B. Regular team accountability
- C. Timely competency completion
- D. Quick sterile compounding technique

Identify an opportunity for team members to showcase their training in and understanding of sterile compounding

- BCSCP
- "Validate a pharmacist's advanced knowledge and experience"
- Offered twice a year

- Eligibility
  - Graduation
  - License
  - Experience (4,000 hours)
- Exam
- Fees

- Exam Domains 2021
  - "Standards, regulations, and best practices"
  - "Facilities, equipment, and environmental control"
  - "Compounded sterile preparations"
  - "Patient care"
  - "Quality management"

- Recertification
  - Every 7 years
  - Fee
  - Either:
    - Exam (100 questions)
    - 100 hours of CE from APhA or ASHP

# Pharmacist Example: ASHP

- Training and validation
- Online
- 38 hours of CE
- Comprehensive exam
- Fee

# Pharmacist Example: ASHP

- Different learning styles
- 16 modules
  - BPS domains
- No renewal

- Expertise, advanced knowledge, commitment
- Eligibility
  - CPhT
  - Either:
    - Education/training program for CSPT program + 1 year experience
    - 3 years of experience
- Fee

#### Exam

- 75 questions, multiple choice (60 graded)
- "Medications and components"
- "Facilities and equipment"
- "Sterile compounding procedures"
- "Handling, packaging, storage and disposal"

- Attestation form with qualified supervisor
  - Date of initial training
  - Date of most recent evaluation including:
    - Outcome
    - Feedback received
  - Qualified supervisor statement

- Renewal
  - Annually
  - Attestation form
  - 5 hours of sterile compounding CE
  - Fee

#### Question #3

Which of the following is not a benefit to receiving an external certification/certificate in sterile compounding?

- A. Validate advanced knowledge
- B. Gain licensure
- C. Showcase expertise
- D. Demonstrate commitment

#### Conclusion

- Training is the foundation of quality and safety
- Impact of more than one expert
- Elevate team members through internal and external strategies

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# Questions?