

Antimicrobial Stewardship Considerations during the COVID-19 Pandemic

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Disclosure

- I have no actual or potential conflicts of interest to disclose in relation to this presentation.



Objectives

1. Recognize antimicrobial stewardship strategies that can be applied during the COVID-19 pandemic response.
2. Describe the incidence and time course of bacterial co-infections in patients with COVID-19.
3. Explain antimicrobial stewardship interventions that should be performed for patients with COVID-19.

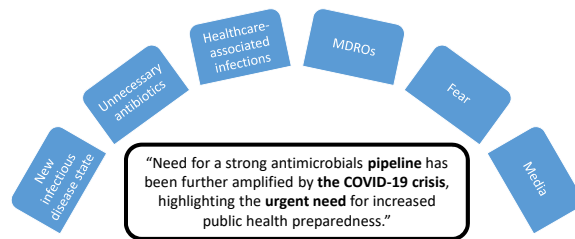


I. Antimicrobial Stewardship Strategies in COVID-19 Response



COVID-19 Adds to Antimicrobial Resistance

10 million deaths by 2050 = \$100 trillion



Pharmacy Challenges with COVID-19

Patient Surges

Medication
Delivery

Old & New Medications

- Emergency Use Authorization
- Compassionate Use
- Off-label use

Drug Shortages

Nursing
Coordination

Ethical
Considerations

Solution: Antimicrobial Stewardship

- interventions to **improve & measure** the appropriate use of antibiotics by promoting the **optimal** antibiotic regimen including **dosing, duration, & route**

- Goals:
 - outcomes
 - resistance
 - side effects
 - costs

*“precious
non-renewable
resource”*

World Health Organization (WHO)

“address gaps in research to ensure that **antimicrobial stewardship** activities become an integral part of the pandemic response and beyond.”

“**antimicrobial stewardship** activities should be integrated into the pandemic response across the broader health system.”

CDC: 7 Core Elements of Antimicrobial Stewardship

1. Leadership Commitment	IT [*] support, resources
2. Accountability	reporting structure
3. Drug Expertise	drug shortages, formulary
4. Action	guideline, pre-authorization
5. Tracking	CDI [†] , broad-spectrum antibiotics
6. Reporting	inventory, antibiotic trends
7. Education	guidelines, resources

^{*}IT= Information Technology
[†]CDI= C. difficile Infection

Barlam TF, et al. *Clin Infect Dis.* 2016;62:e51-e77.

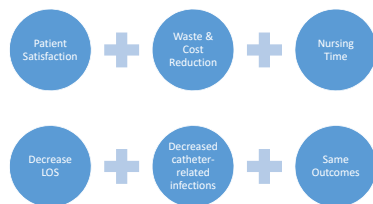
“Low Hanging Fruit” of Antimicrobial Stewardship

- IV to PO Conversion
- Medication Batching
- Therapeutic Substitutions
- Pre-authorization

among
others.....

Goff DA, et al. *Clin Infect Dis.* 2012;55: 87-592.

IV to PO Conversion



Goff DA, et al. *Clin Infect Dis.* 2012;55: 87-592.

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<https://jamanetwork.com/journals/jamainternalmedicine/fullarticle/216381>

Medication Batching

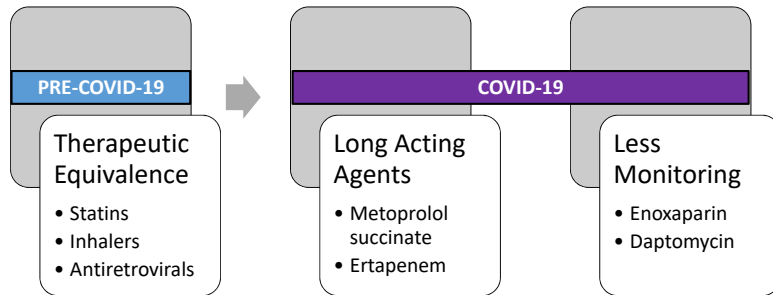


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<https://www.sciencedirect.com/science/article/abs/pii/S0167923615000330>

- Standard timing: preparation, administration
- ex. daptomycin batching --- 370 vials saved over 4 months (\$83,991)

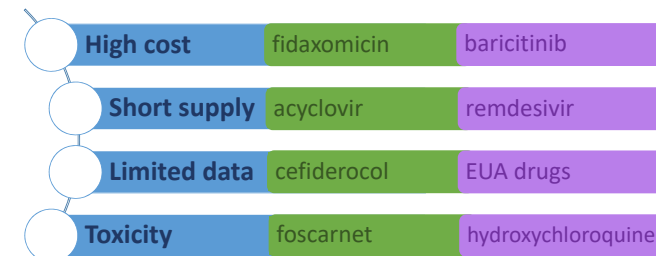
Goff DA, et al. *Clin Infect Dis.* 2012;55: 87-592.

Therapeutic Substitutions

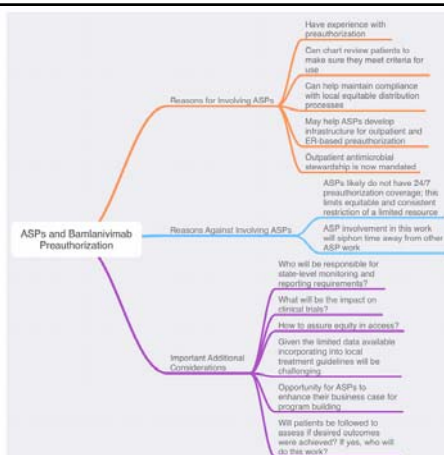


Consolidate dosing schedules!

Pre-authorization



Predominantly drug-driven



Prospective Audit & Feedback (PAF)

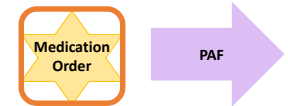
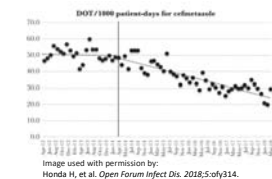


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Liew YX, et al. *Int J Antimicrob Agents*. 2015;45:168-173.
<https://www.sciencedirect.com/science/article/abs/pii/S0924857914002537?via%3Dihub>

More customizable targets

- Disease state
- Lab result
- Drug



PAF with IT Support

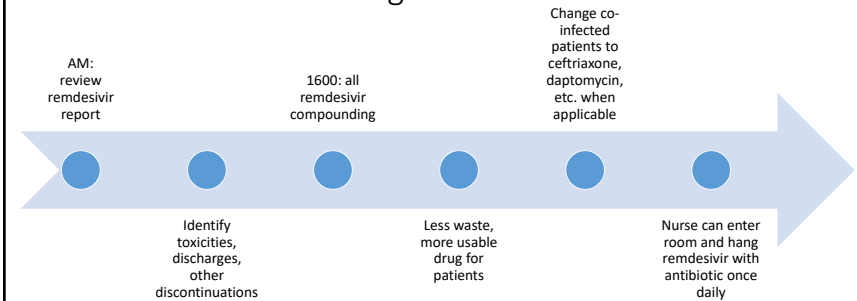
Table 1. Antimicrobial Stewardship COVID-19 Rule Logic

Name	Criteria	Display
ASP COVID-19 rule 1: negative SARS-CoV-2 PCR w/ active drug order (inpatients only)	<ul style="list-style-type: none"> IF negative COVID-19 PCR in last 7 days AND IF active order for 1 of the following: <ul style="list-style-type: none"> Chloroquine Darunavir/ritonavir Hydroxychloroquine Lopinavir/ritonavir Nitazoxanide Remdesivir Ribavirin Sarilumab Tocilizumab Lenzilumab IVIg THEN fire alert 	<ul style="list-style-type: none"> Rule name COVID-19 medication that triggered flag SARS-CoV-2 test result, date, and time
ASP COVID-19 rule 2: positive SARS-CoV-2 PCR w/ pending lab w/ active drug order (inpatients only)	<ul style="list-style-type: none"> IF positive COVID-19 PCR in last 7 days OR IF pending COVID-19 PCR in last 7 days AND IF active order for 1 of the following: <ul style="list-style-type: none"> Chloroquine Darunavir/ritonavir Hydroxychloroquine Lopinavir/ritonavir Nitazoxanide Remdesivir Ribavirin Sarilumab Tocilizumab Lenzilumab IVIg THEN fire alert 	<ul style="list-style-type: none"> Rule name COVID-19 medication that triggered flag SARS-CoV-2 test result, date, and time

Image used with permission by: Stevens RW, et al. *Infect Control Hosp Epidemiol.* 2020;41:1108-1110.

Mazdeyasna H, et al. *Curr Infect Dis Rep.* 2020;22:1-6.

Combination of Strategies



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Physician Perspectives on Strategies by Stewardship Program Implemented During COVID-19

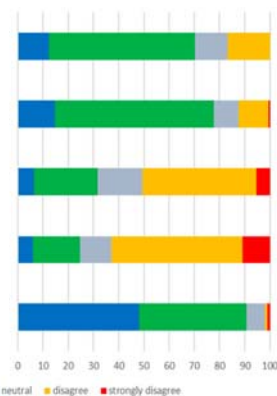
PAF is more effective than pre-authorization strategy in improving patients' outcome

PAF is more educational for me than pre-authorization

Pre-authorization suits a Greek hospital better than PAF

Pre-authorization should substitute PAF in our hospital

Regardless of strategy pursued, implementation of an ASP improves patients' outcome compared to absence of such program



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	Pre-authorization	PAF
Advantages	<ul style="list-style-type: none"> Initiation/empiric therapy Direct control Quick mechanism 	<ul style="list-style-type: none"> Definitive therapy Prescriber autonomy → relationships Hindsight/more data Flexible
Disadvantages	<ul style="list-style-type: none"> Resources: around the clock? Limited lasting effects Durations 	<ul style="list-style-type: none"> Resources: IT vs. computer surveillance Compliance voluntary Starting from behind

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Adapted from: Goff DA, et al. *Clin Infect Dis.* 2012;55: 87-592.

Antibiotic “Time-Outs”

- Through prospective audit & feedback or electronic alerts

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Wolfe JR, et al. *Infect Control Hosp Epidemiol.* 2019;40:1287-1289.
<https://www.cambridge.org/core/journals/infectious-control-and-hospital-epidemiology/article/impact-of-an-automated-antibiotic-timeout-alert-on-the-deescalation-of-broad-spectrum-antibiotics-at-a-large-community-teaching-hospital/4C4D07790596725D534C3E8B8F59932B>

Education

- Use in combination
- High frequency
- Multi-disciplinary
- Promote guidelines, workflows

Weak recommendation,
low quality evidence

Which of the following drugs would be most appropriate for management via pre-authorization?

- COVID-19 vaccine
- IV tocilizumab
- PO dexamethasone
- IV ondansetron

Summary

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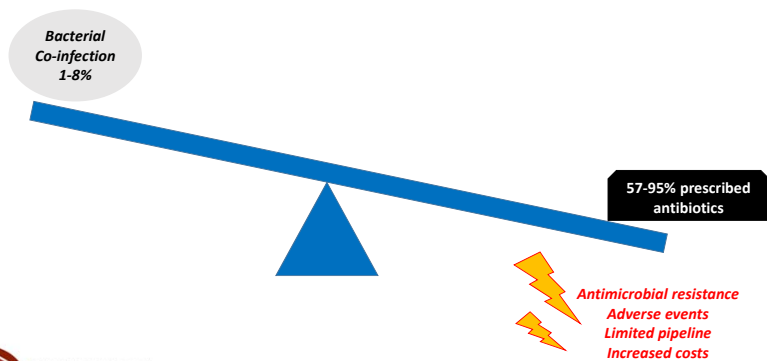
Moehring RW, et al. *Current Infect Dis Rep.* 2012;14:592-600. <https://link.springer.com/content/pdf/10.1007/s11908-012-0289-x.pdf>

II. Bacterial Co-infection in COVID-19

Co-infection Considerations

- Frequency of empiric antimicrobials
- Incidence
- Primary co-infection vs. secondary infection
 - Risk factors
 - Common pathogens
- Diagnostic criteria

Balance Needed



International “Snapshot” of Antibiotic Use 2020

166 prescribers (50% ID)
23 countries

29% do not routinely
prescribe antibiotics

Reason for antibiotics

-clinical presentation
-inflammatory markers
-radiology findings
* piperacillin/tazobactam most common

Coverage

-atypical
-*S. aureus*
-*Pseudomonas*

Mean duration (days)
All countries: 7.12

Guidelines for antibiotics
in COVID-19: ~62%

Co-infection in Familiar Viruses

	Influenza	SARS/MERS-CoV
Most Common Bacterial Respiratory Pathogens	1. <i>S. pneumoniae</i> 2. <i>S. aureus</i> 3. <i>H. influenzae</i> 4. <i>S. pyogenes</i>	Primary: atypical/community-acquired pneumonia (CAP) organisms Secondary: nosocomial pathogens
Bacterial Co-infection	~20%	~10-30% co-infection
Outcomes	↑ morbidity & mortality	Higher levels of care n/a
Co-infection Guideline Recommendations	Community-acquired Pneumonia (CAP): administer antibiotics to adults with clinical and radiographically diagnosed CAP who test positive for influenza (strong recommendation, low quality of evidence)	WHO refers to national guidelines for antibiotic management

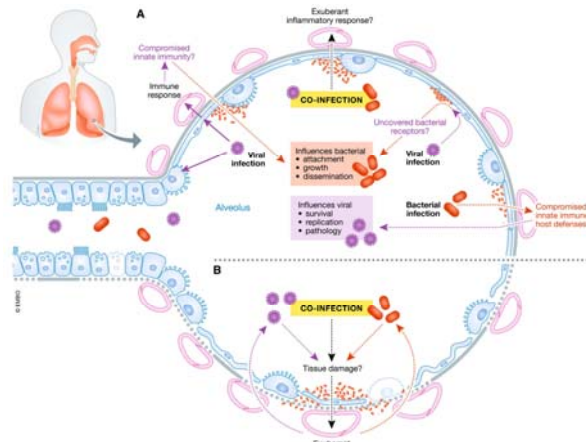
Limitations on Co-infection Reporting

- COVID-19: largely early 2020 data
- Difficult to group or compare reports
- Differing definitions
 - ex. community-acquired, co-infection
 - timing
- Inconsistent diagnostics

Challenges Specific to Bacterial Pneumonia in COVID-19

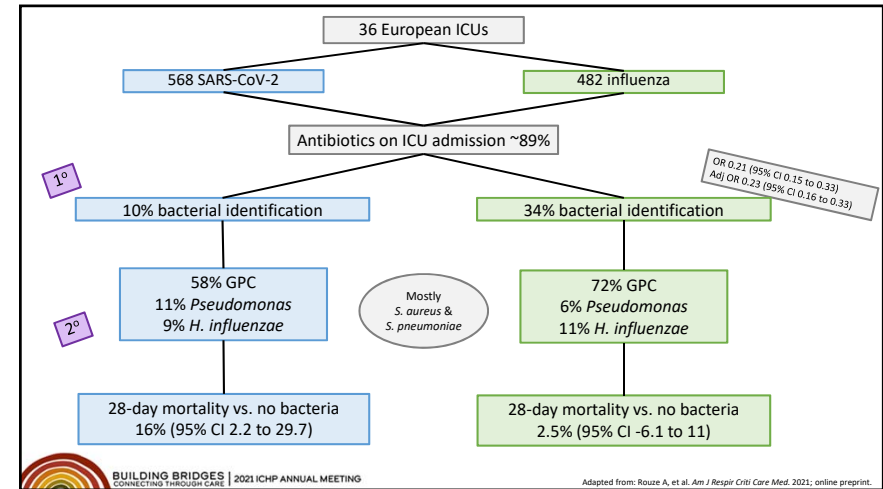
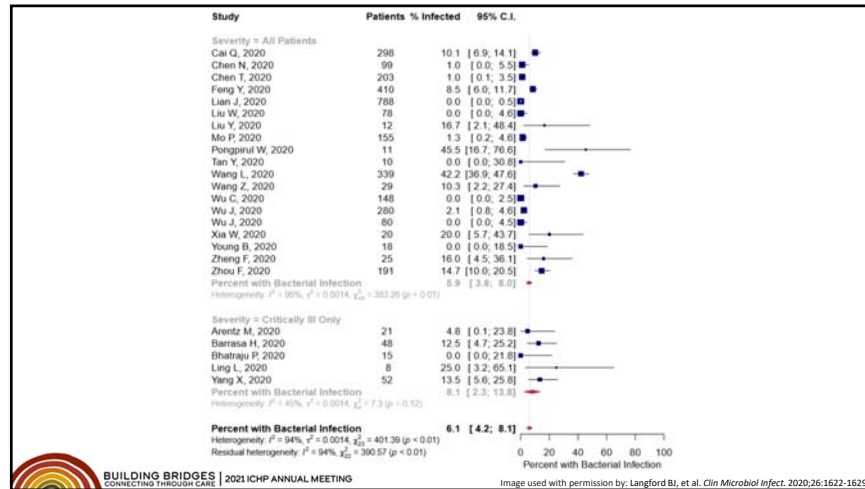
- COVID-19 similarities to bacterial pneumonia
- Colonization
- Low pathogen yield, often empiric
- Abnormal inflammatory markers in COVID-19 (ex. CRP)
- Limited procedures/testing, staffing

Under- vs. over-reported?



Pooled Analyses of Co-infection

	Rawson (May 2020)	Langford (July 2020)
Methods	Review of 9 studies • 806 patients	Meta analysis of 24 studies • 3,338 patients
Co-infection	8%	6.9% • 3.5% co-infection • 14.3% secondary infection
Empiric Antibiotics	72%	71.8%
Pathogens Identified	Limited: few atypical pathogens	Limited: pathogen data from 14% of patients Most common: <i>Mycoplasma</i> species, <i>H. influenzae</i> , & <i>P. aeruginosa</i>
WARNING	Co-infection may be misrepresented	



Early Antibiotics in Critically Ill COVID-19 Patients

Outcome (n= 48)	Antibiotics (n= 19)	No Antibiotics (n= 29)	
mortality	5 (26%)	7 (24%)	p=0.86
VAP	14 (74%)	19 (66%)	p=0.55
CRBSI	5 (26%)	7 (24%)	p=0.86
UTI	2 (11%)	8 (28%)	p=0.28

50% steroids in ICU
10% tocilizumab

Risk Factors for Co-infection

	Incidence of Co-infection	Community-acquired Risk Factors	Hospital-associated Risk Factors
Petty LA, et al.	6.4% (141/2,205) • 3% community-acquired • 3.4% hospital-associated	• Day 1 admission to ICU • Admission from LTCF	• Median 8 days • Fever • Higher respiratory support
Vaughn VM, et al.	3.5% (59/1,705)	• Older age • Lower BMI • Mod-severe kidney disease • SNF • ICU admission • Leukocytosis	n/a
Conclusion	Consistent at <10%	Hold antibiotics at admission for non-ICU patients	Signs & symptoms of bacterial infection, timing

USA: Primary Co-infection at Admission

- 1,016 patients; 5 Johns Hopkins hospitals

Type of Co-infection	# of Patients (%)
Viral/atypical respiratory infection	2 (0.2)
Bacterial respiratory infection	
By any definition	497 (49)
Proven	1
Probable	11
Possible	483
Fungal Infection	
Fungal respiratory infection	0
Endemic mycoses	0
Bloodstream infection	20 (2)
Urinary tract infection	30 (3)
<i>Clostridioides difficile</i> colitis	2 (0.2)

71% received antibiotics
0.3% proven infection
1.1% probable infection

Proven/probable/possible
bCAP more likely admitted to
ICU vs. no co-infection
(33% vs. 16% vs. 7%; $P < .01$)

Bacterial Pneumonia Management Remains the Same

CAP
Duration:
5 days

HAP/VAP
Duration:
7 days

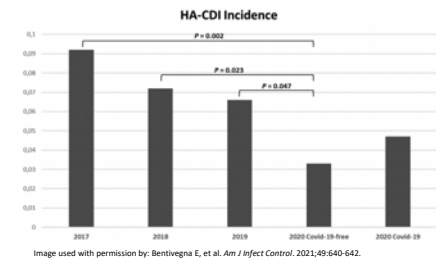
Obtain cultures!
De-escalate!
Discontinue!

Other Uncommon Co-infecting Pathogens

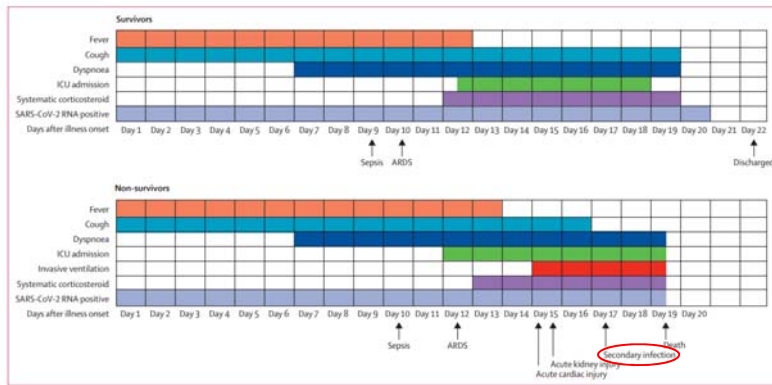
- Viral
 - Enterovirus/Rhinovirus
 - Influenza less common
 - Risk factor: older age
- Fungal
 - COVID-19-associated pulmonary aspergillosis (CAPA)
 - Candidiasis
 - Risk Factors: immunosuppression, corticosteroids

Other Pathogens: *Clostridioides difficile* Infections (CDI)

- Incidence lower than pre-COVID-19:
 - Infection control techniques
 - Less surgeries
- Unknowns:
 - Healthcare vs. community-acquired
 - Antibiotics vs. no antibiotics



Secondary Infection



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Image used with permission by: Zhou F, et al. *Lancet*. 2020;395:1054–1062.

Bacterial Co-infection Clues in Pneumonia

Respiratory Setting Trends

- Nursing
- Respiratory therapy

Sputum Gram stains

- ↑ sensitivity, specificity
- # bacteria/organisms
- Microbiology lab!

Primary vs. Secondary Infections

- ex. day of hospitalization
- central line, Foley catheter
- antibiogram

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Musher DM. *Am J Respir Crit Care Med*. 2021; online preprint.

Procalcitonin (PCT) in COVID-19

- Critically ill COVID-19 patients?
- Vaughn, et al: community-onset bacterial co-infection

PCT >0.5ng/mL	PCT ≤0.1ng/mL
Positive predictive value 9.3%	Negative predictive value 98.3%

- Crotty, et al: bacterial respiratory co-infection

PCT >0.25ng/mL	PCT >0.5ng/mL
Sensitivity 73.9%	Sensitivity 43.5%
Specificity 65.2%	Specificity 81.3%

- Possible role in antibiotic discontinuation and secondary infections

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Crotty MP, et al. *medRxiv*. 2020; online preprint.
Vaughn VM, et al. *Clin Infect Dis*. 2021;72:e533–e541.

TA is a 48 yo F with a PMH of anxiety and hyperlipidemia who presented to the ED last night with SOB, cough, anosmia, and muscle aches. Her O2 saturations were 90% on room air and she was started on 2L nasal cannula. Upon admission to the general medicine floor, she was started on remdesivir and dexamethasone. Overnight she spiked a fever to 101°F and the covering physician ordered a one time dose of piperacillin/tazobactam.

- WBC 5.9 K/uL
- Procalcitonin 0.1 mcg/L
- Serum creatinine: 0.8 mg/dL
- Chest X-ray: mild patchy perihilar & peripheral airspace opacities
- Microbiology: blood cultures pending

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Which of the following statements is most appropriate for the pharmacist to discuss with the ordering provider?

- A. Patient is at risk of a secondary nosocomial infection so meropenem should be started ASAP.
- B. The likelihood of bacterial co-infection is low so consider monitoring off antibiotics.
- C. Procalcitonin is < 0.5 mcg/L so order piperacillin/tazobactam for 6 more days to treat bacterial pneumonia co-infection.
- D. Add vancomycin to piperacillin/tazobactam to cover for resistant *S. pneumoniae*.

Guideline Recommendations

COVID-19 Guideline	Recommendation
Surviving Sepsis, March 2020	Empiric antimicrobials over no antimicrobials in mechanically ventilated patients with
WHO, Jan 2021	Severe: clinical judgement for antibiotics, attempt de-escalation daily
NIH, April 2021	"antimicrobial stewardship is critical"
NICE	Antibiotics for suspected bacterial infection but know risks and de-escalate rapidly
IDSA, June 2021	Review of controversy in literature
IDSA Real Time Learning Network	Pre-existing antimicrobial stewardship infrastructures for guidelines

COVID-19 vs. Influenza

	COVID-19	vs. Flu
Most Common Bacterial Respiratory Pathogens	? CAP organisms <i>S. aureus</i>	=
Bacterial Co-infection	1-10%	↓
Outcomes	↑ mortality	=
Co-infection Guideline Recommendations	n/a Weak, brief summaries across multiple guidelines	↓

Co-infection Summary

- Low incidence of bacterial co-infection in COVID-19
- Distinction between co-infection and secondary infection
- Inconsistencies in reporting
- Pharmacists play an important role

III. Other Longitudinal Interventions to Enhance Care of Patients with COVID-19



Tracking & Reporting

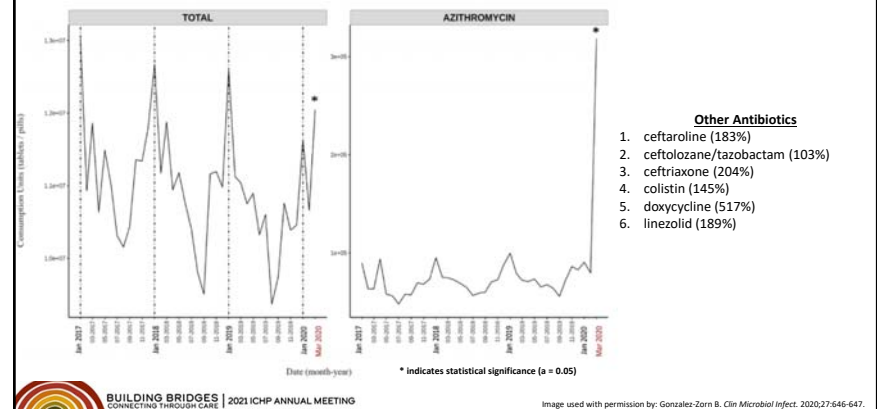
- Antibigram
- Antimicrobial Utilization
 - Interventions
 - Opportunities for improvement
- Track by:
 - Institution vs. ward vs. prescriber/service
 - Drug, class, disease state

Example Metrics

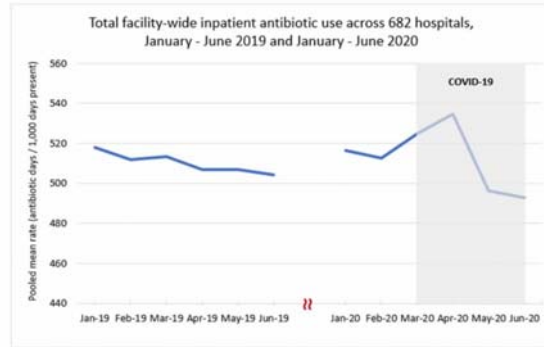
- DOT/1,000 patient days
- DDD
- Costs
- Orders

DOT= days of therapy
DDD= defined daily dose

Spain, March 2020



USA, CDC: Inpatient Antibiotic Prescribing



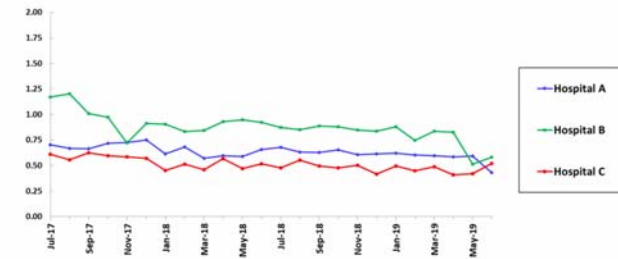
Data Source: CDC National Healthcare Safety Network Antimicrobial Use Option



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Centers for Disease Control and Prevention. Accessed August 10, 2021.

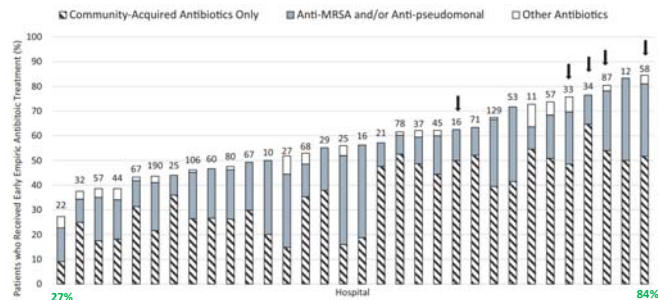
Standardized Antimicrobial Administration Ratio (SAAR)



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Antibiotics in Michigan Hospitals



4,628 antibacterial days/1,000 patients



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Before & After Interventions

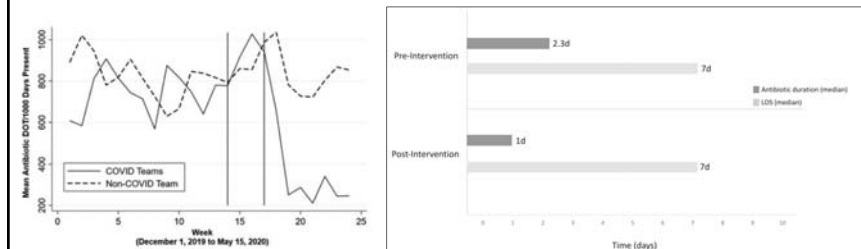


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Image used with permission by: Pettit NN, et al. *BMC Infect Dis.* 2021;21:1-7.



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Tracking Tocilizumab Administration

- Viral reactivation
- Live vaccines
- Contraindications
- Shortages

The FDA has issued Emergency Use Authorization for the emergency use of tocilizumab in the treatment of COVID-19.

The primary purpose of tracking antibiotic use during the COVID-19 era is to

- reduce the rate of healthcare-associated *Clostridioides difficile* (CDI).
- fulfill hospital accreditation requirements.
- report the highest antibiotic prescribers to leadership.
- identify and compare usage trends before COVID-19.

Summary

- Antimicrobial Stewardship strategies are useful for the COVID-19 response.
- Balance antibiotic use with low rates of co-infection.
- Pharmacists play an important role in multidisciplinary COVID-19 treatment teams.
- Use tracking and reporting to find and evaluate areas of opportunity.
- More antimicrobial stewardship research needed!

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Antimicrobial Stewardship Considerations during the COVID-19 Pandemic

Assessment Questions

1. Which antimicrobials stewardship strategy applicable to COVID-19 requires the most IT support?
 - a. Prospective audit & feedback
 - b. Therapeutic substitution
 - c. Pre-authorization
 - d. Guideline creation
2. Defaulting all remdesivir maintenance dose administration times to 1500 is a component of which antimicrobial stewardship strategy?
 - a. Batching
 - b. Prospective audit and feedback
 - c. Therapeutic substitution
 - d. IV to PO conversion
3. What is the estimated incidence of bacterial co-infection in COVID-19?
 - a. 0%
 - b. 1-10%
 - c. 15-20%
 - d. >25%
4. Antimicrobial utilization reports by hospital floor is an example of which Core Element of Antimicrobial Stewardship?
 - a. Pharmacy Expertise
 - b. Action
 - c. Tracking
 - d. Education

Answer key: 1. a, 2. a, 3. B, 4. c

1. Prospective audit & feedback (PAF) requires the most IT support. This is a disadvantage of PAF compared to pre-authorization. Therapeutic substitution and guideline creation do not require IT support for implementation.
2. Creating drug-specific, standard administration times for certain medications to avoid waste is a characteristic of the batching strategy. Prospective audit and feedback, therapeutic substitution, and IV to PO conversions do not affect administration times at the ordering phase of medications.
3. The estimated incidence of bacterial co-infection in COVID-19 is 1-10%. This finding is from meta analyses from limited reports in COVID-19 since the identification of the virus. This statistic varies according to country or region and the inclusion of primary vs. secondary bacterial infections.
4. Antimicrobial utilization reports by hospital floor is an example of the "Tracking" Core Element of Antimicrobial Stewardship. These reports are used to generate various "Action" or "Education" strategies. "Pharmacy Expertise" is used to interpret these reports in collaboration with other members of the antimicrobial stewardship multidisciplinary team.