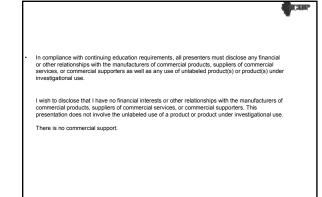
H1N1: Learning from the Past and Planning for the Future

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CONT.

Susan I. Gerber, MD Chicago Department of Public Health



Influenza Viruses

- · Orthomyxoviridae
- Negative single-stranded, enveloped RNA viruses
- · Considerable genome diversity
- Influenza A, B, and C viruses
 - Distinguished by antigenic differences between nucleocapsid and matrix proteins
 - Surface proteins for A and B viruses include hemagglutinin (HA) and neuraminidase (NA)

Influenza Diseas

- Influenza A and B viruses are responsible for annual epidemics
- Influenza C usually produces milder disease and has not been associated with widespread outbreaks



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Influenza Host Range

- Influenza A infects wide variety of avian species, humans, and other mammals
- Influenza B viruses infect humans (have been identified in harbor seals)
- Influenza C viruses infect humans (have been identified in swine in China)

Antigenic Drift

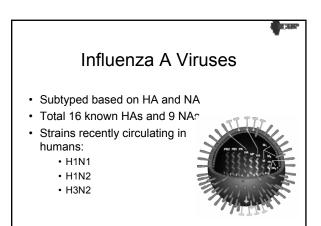
- Accumulation of amino acid changes leads to minor antigenic differences
- Results in seasonal epidemics
- Requires new influenza vaccine annually

Antigenic Shift

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- Re-assortment of RNA segments between human and animal viruses
- Leads to a novel HA or NA that is immunologically distinct
- Shifts in influenza A viruses have resulted in pandemics





Pandemic Influenza

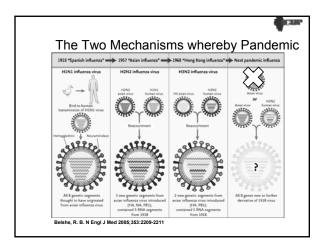
- Worldwide outbreak of a novel influenza virus
 - Influenza A only
- Occurs infrequently and at irregular intervals
- High potential for illness and death

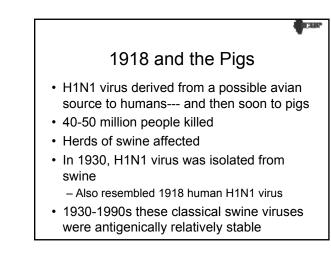
How Does a Pandemic Occur?

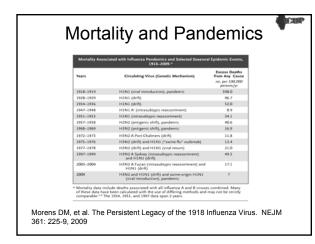
- · 4 factors must be present
 - 1. Novel virus
 - 2. Virus capable of causing disease in humans
 - 3. Susceptible population
 - 4. Virus that is transmissible from person to person
- Current avian influenza outbreak in other parts of the world was and is *not* a pandemic

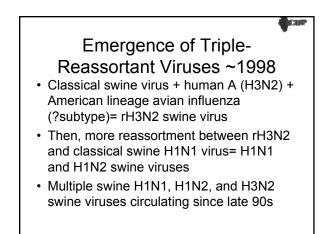


1968-1969: "Hong Kong Flu" (H3N2)
 34,000 US deaths









Human Infections from Triple-Reassortant Viruses

ACHP

- First human infection 2005
- 2005-2009: 12 H1 swine virus infections in humans reported to CDC
- 9 of 11 patients had exposure to pigs
- Illness predominantly respiratory

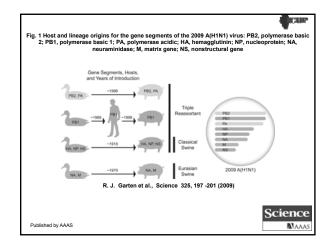
Table 1	Democratic	ic and Fa			1	le Reassortant Swine Influenza A (H1) V	numero de la companya
Patient	Apr	See.	State of Besidence	Date of Bases Oreat	Estimated Incubation Period		II Swine Present
1	12	M	W1	Dec. 2005) days	Butchered a pig (direct contact)	Not known
2	29	м	MO	Jan. 2006	Not known	Reported no-contact with a pig (unknown contact)	Not known
3	4 yr	'	м	Nov. 2006	7-10 days	Had contact with patient with sus- pected case of swine influenza (epidemiologically linked contact)	Yes
4	20 yr		OH	Aug. 2007	3-4 days	Exhibited swine at fair, handled pigs (direct contact)	Yes
5	36 yr	84	OH	Aug. 2007	3-4 days	Exhibited swine at fair, handled pigs (direct contact)	Yes
6	48 yr	r	н.	Aug. 2007	7 days	Visited fair, did not stop at pigpen (near vicinity)	Yes
7	16-mo	**	M	Aug. 2007	7 days	Visited fair, came within 1 m of pigs (close proximity)	Yes
	2 97	84	IA.	Nov. 2007	1-10 days	Lived on swine farm, came within 1 m of pigs (close proximity)	Yes
,	26 yr	1	MIN	jan. 2008	9 days	Visited live animal market, came with- in 1 m of pigpen (close proximity)	Not known
10	14 yr	84	TK	Oct. 2008	3 days	Visited a swine farm, brought home and handled a pig (direct contact)	Yes
- 11	3 pr	м	ы	Feb. 2009	1-10 days	Visited same farm owned by his fami- ly, touched pigs (direct contact)	Yes

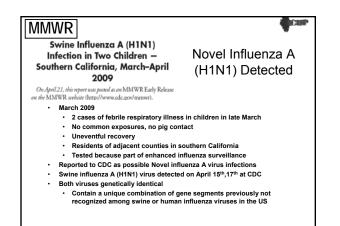
Atra

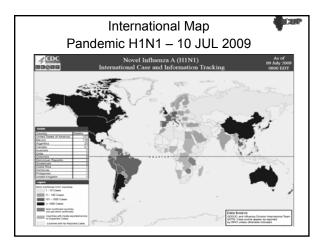
April, 2009

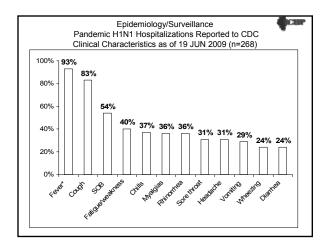
CHR

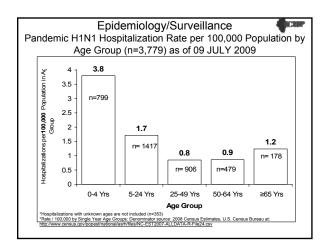
- · New virus isolated in Mexico and the US
- Unique combination of gene segments
- 6 gene segments from the known triple reassortant virus + 2 gene segments from Eurasian influenza A swine virus lineage
- Human, avian, swine unique gene combination
- 4th generation descendent of the 1918 virus

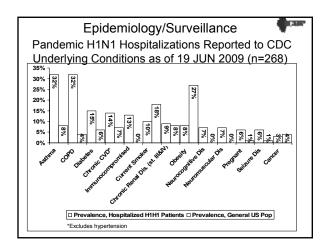




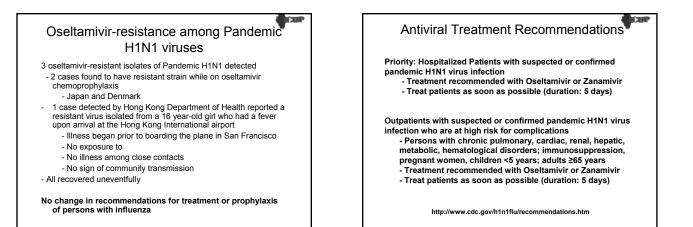








	Influenza viruses					
Antiviral	Seasonal A (H1N1)	Seasonal A (H3N2)	Seasonal B	Pandemic H1N1		
Adamantanes	Susceptible	Resistant	No activity	Resistant		
Oseltamivir	Resistant	Susceptible	Susceptible	Susceptible		
Zanamivir	Susceptible	Susceptible	Susceptible	Susceptible		

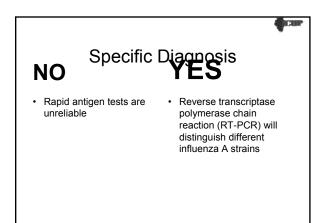


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Antiviral Chemoprophylaxis

- Post-exposure chemoprophylaxis with Oseltamivir or Zanamivir can be considered:
 - Close contacts of cases who are at high risk for complications of influenza
 - Health care personnel, public health workers, first responders with unprotected close contact exposure to an ill person with pandemic H1N1 virus infection while in the infectious period
 - Chemoprophylaxis: 7-10 days after last known exposure

http://www.cdc.gov/h1n1flu/recommendations.htm



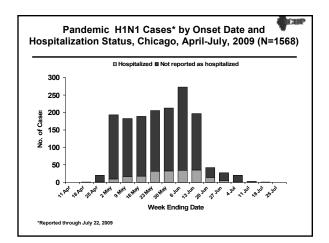
Importance of RT-PCR

Car

- Will be the laboratory technique used to distinguish different influenza subtypes
- May play a role in determining therapeutic options for hospitalized patients with Influenza A
- Test results within 24 hours at an experience laboratory

	Influenza viruses						
Antiviral	Seasonal A (H1N1)	Seasonal A (H3N2)	Seasonal B	Pandemic H1N1			
Adamantanes	Susceptible	Resistant	No activity	Resistant			
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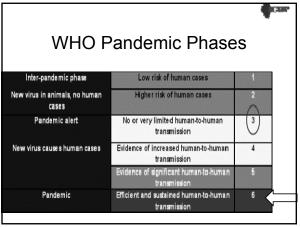
Summary of Antiviral Resistance, U.S. 2008-09

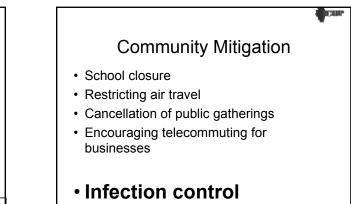


Pande	emic H1N1 (April	Confirmed		Chicago,
• 1,56	68 reported			
- 50	0% female			
– M	edian age: 12 Age Group (yrs)	years No.	%	
	0 - 4	248	16	
	5 – 14	632	41	
	15 – 29	349	23	
	30 – 59	279	18	
	60+	41	2	

Pandemic H1N	1 Hosp	italized Cases	,
Chicago, /	April 24	– July 22	
 204 reported 			
– 53% female			
– Median age: 16	years		
Age Group (yrs)	No.	%	
0 – 4	54	27	
5 – 14	47	23	
15 – 29	29	14	
30 – 59	57	28	
60+	16	8	

den.
Hospitalized: Chronic Conditions
 Pregnant: 10 Out of 40 hospitalized women 15-45 yrs old
• Asthma: 36 (18%)
• Diabetes: 13 (6%)
No reported chronic condition: 106





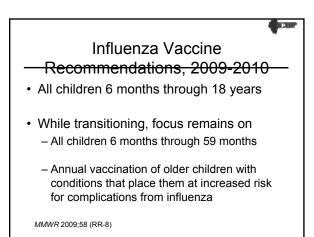
Infection Control · Hand hygiene · Cough etiquette · General disinfection • Ill persons stay at home until 24 hours after resolution of fever (without taking

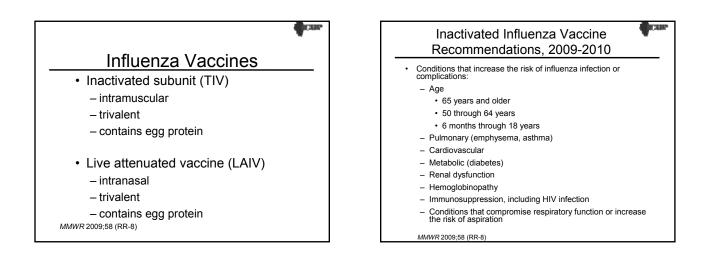
antipyretics)

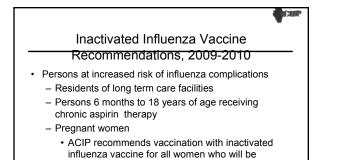
Seasonal Influenza Vaccine

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- Impact of Influenza, 1990-1999
 Approximately 36,000 influenza-associated deaths during each influenza season
- Persons 65 years of age and older accounted for more than 90% of deaths
- Deaths of 89 children 0-18 years provisionally reported for 2008-2009
- Average of 226,000 hospitalizations



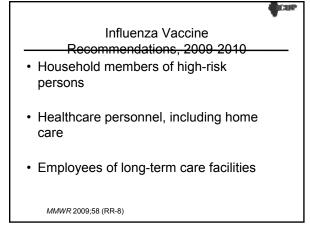


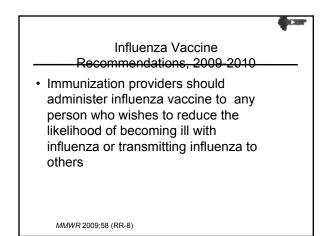


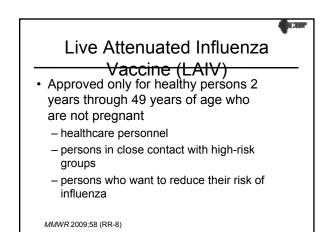
pregnant during influenza season (usually

December through March)

MMWR 2009;58 (RR-8)







Timing of Influenza Vaccination

CHP

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- Influenza activity can occur as early as October
- In more than 80% of influenza seasons peak activity has not occurred until January or later
- In more than 60% of seasons the peak was in February or later

MMWR 2009;58 (RR-8)

Timing of Influenza Vaccination

CAR

- Immunization providers should begin offering vaccine as soon as it becomes available
- Providers should offer vaccine during routine healthcare visits or during hospitalizations whenever vaccine is available

MMWR 2009;58 (RR-8)

Timing of Influenza Vaccination Continue to offer influenza vaccine in

- December, especially to healthcare personnel and those at high risk of complications
- Continue to vaccinate throughout influenza season (December-March)

MMWR 2009;58 (RR-8)

Vaccine Supply, 2009-10 120 million doses expected Mid-August: 15 million doses Early September: 40 million doses Early November: 108 million doses Preservative-free and infant-toddler doses formulations included in early releases

Pandemic Influenza Activity

Current Status

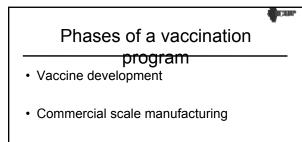
- · Vaccine is being manufactured
- Voluntary vaccination program likely

 Epidemiology of H1N1 disease in the US
 - Epidemiology of H1N1 disease in countries in the southern hemisphere

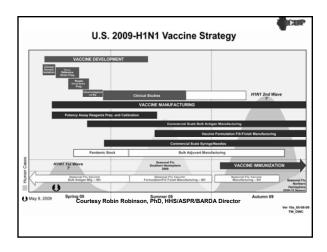
H1N1 Vaccine Plans

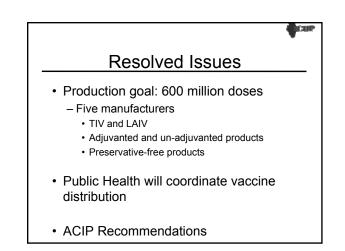
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- National Strategy for Pandemic Influenza goal is to provide vaccine to everyone in U.S. within 6 months of pandemic onset
- Clinical studies will inform vaccine formulation and safety profile



- Distribution and administration
- Post-launch effectiveness, safety and utilization monitoring

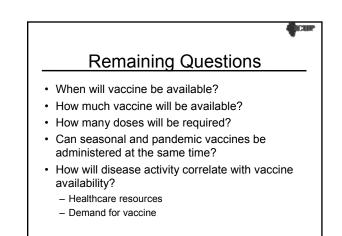




Pandemic H1N1 Vaccine Recommendations*, ACIP, July 2009

- · Pregnant women
- Household and caregiver contacts of children younger than 6 months of age
- Health care and emergency medical services personnel
- Children and young adults ages 6 months through 24 years
- Persons aged 25 through 64 years who have medical conditions which put them at high risk for complications or death from influenza

* Unadjuvanted vaccine



Chicago Department of Public Health (CDPH) Plans

- Mass vaccination
- Private sector vaccination
 - Hospitals, LTCFs, primary care clinics, retail pharmacies, occupational health

		<u>ccinato</u>	-	
	Supply 🍸	Supply 1	Supply	Supply ↓
	Disease Activity Î	Disease Activity ↓	Disease Activity Î	Disease Activity ↓
Mass Vaccination	**	\$	**	\$3
Hospitals, LTCF	₿	8	**	₿
Clinics	KX limited	8		
Retail pharmacies	8	8		

Emergency Use Authorization

"... use of an unapproved medical product or an unapproved use of an approved medical product during a declared emergency ..."

- Unadjuvanted pandemic H1N1 vaccine may be licensed in a manner similar to a seasonal flu vaccine strain change and therefore would not need an EUA
- Adjuvanted vaccines, if used (for the 2009-10 flu season), will be administered under an EUA

Assumptions for ACIP Recommendations

- Severity of illness and groups at higher risk for infection or complications
- Safety profile and antigen content of novel H1N1 vaccines
- Adequate supplies of unadjuvanted vaccine can be produced for all by approximately February, 2010
- Vaccines for all will not be available before the next pandemic wave
- Pandemic vaccine and seasonal vaccine availability will overlap and both will be recommended for many population groups
- 2 doses will be needed for protection, and 1 dose will provide minimal or no protection
- Initial demand for vaccination ~ seasonal vaccine but could increase quickly if community transmission increases
- · Vaccine distribution will be timely

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Monitoring vaccine safety

- Vaccine Adverse Event Reporting System (1-800-822-7967, <u>http://vaers.hhs.gov/contact.htm</u>) for signal detection
- Network of managed care organizations representing approximately 3% of the U.S. population, the Vaccine Safety Datalink (VSD) to test signals.
- Active surveillance for Guillain Barre Syndrome through states participating in Emerging Infections Program.

Acknowledgements

K SHE

- · Contributors to this Presentation:
 - Julie Morita
 - Eric Jones
 - Kathy Ritger
 - Stephanie Black
 - Joshua Jones
 - Cort Lohff
 - Fadila Serdarevic
 - CDC

Post test questions with answers Susan Gerber, MD

Lecture: Novel H1N1: Learning from the Past and Planning for the Future

1. Which previous pandemic influenza outbreak was caused by an H1N1 strain?

Multiple choice:

- a. 1918
- b. 1957
- c. 1968

2. Which is the best technique to identify novel H1N1?

Multiple choice:

- a. Rapid antigen test
- b. Reverse transcriptase polymerase chain reaction
- c. Blood serology
- 3. What are examples of non-pharmacologic interventions that may slow transmission of influenza during a pandemic?

Multiple choice:

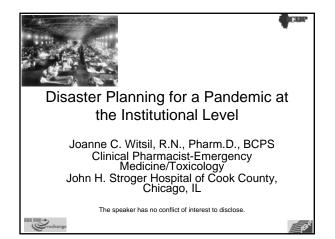
- a. Closing schools
- b. Restricting air travel
- c. Canceling public gatherings
- d. Encouraging telecommuting for businesses
- e. All of the above
- 4. True or false for following statement:

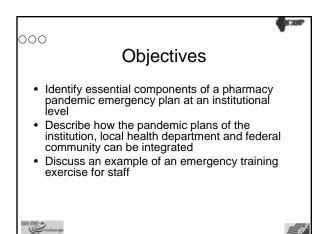
The current novel H1N1 strain is generally resistant to oseltamivir, much like the seasonal H1N1 strain

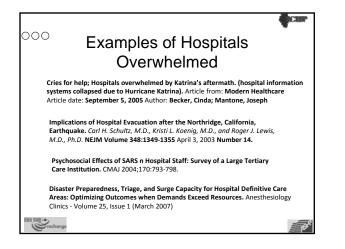
5. Name the target groups of individuals who have been identified to potentially receive the pandemic influenza vaccine?

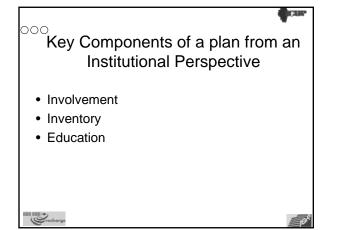
Multiple choice:

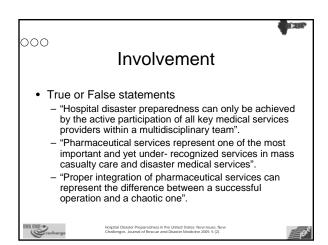
- a. Children and young adults aged 6 months- 24 years
- b. Health care workers
- c. Household and caregivers of children < 6 months of age
- d. Emergency services workers
- e. Pregnant women
- f. Non-elderly adults (aged 25 years-64years) who are at increased risk of death from influenza infection
- g. All of the above

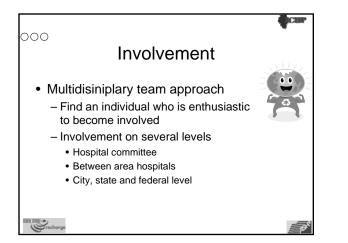












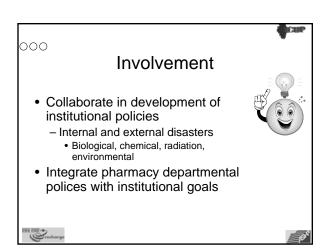
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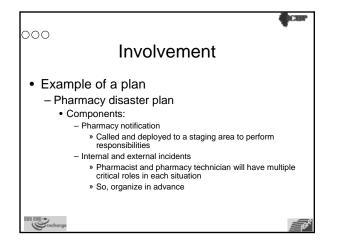
Involvement

CHP

- Understand current organizational structures that impact the institution
 - Hospital Incident Command System (HICS)
 - National Incident Management System (NIMS)
 - Joint Commission
- All the above will increasingly impact your institution!

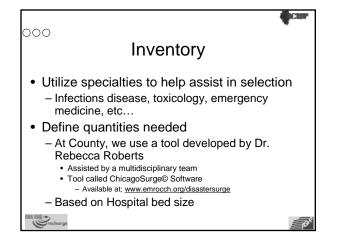
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<image>
 Inventory
 Inventory
 Includes; biological, chemical, pandemic flu, radiation
 Based on efficacy and cost-effectiveness
 Assist in constructing a list of supportive medications
 Pressers, steroids, hypertension meds, insulin, antibiotics, etc...





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Available at www.fda.go

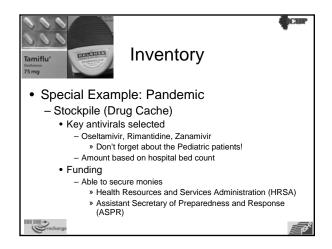
Inventory

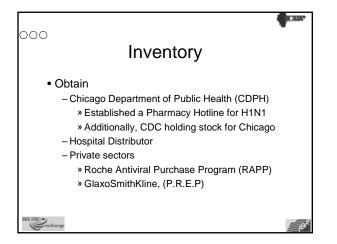
CHP

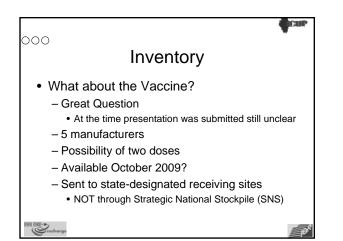
- Ensure medications are purchased

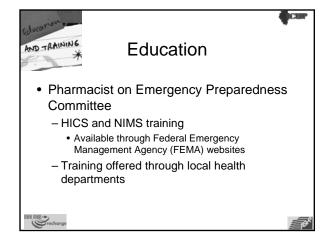
 At County we are limited in only using our distributor
- Secure a location to store the drug cache
 - Rotate drug cache with hospital inventory to avoid expired drug
 - » Call FDA Emergency Operations Center for antivirals near expiration at 301-443-1240

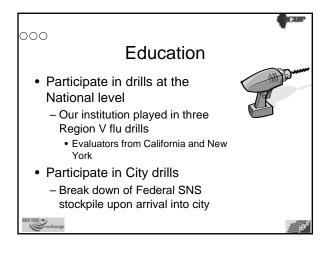
Maintain log on quantities, dispensing, expiration dates
 If dispense full take-home home prescription in outpatient setting follow FDA Emergency Use Authorization (EUA) requirements
 Available at www.cdc.gov
 Other Critical Drugs
 At County
 Maintain quarterly reports on inventory for selected drugs
 Biological, pandemic flu, chemical
 Reports discussed at our emergency preparedness meetings

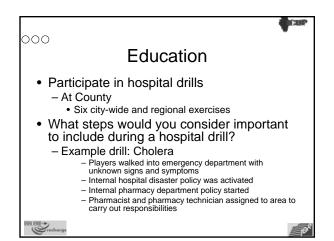


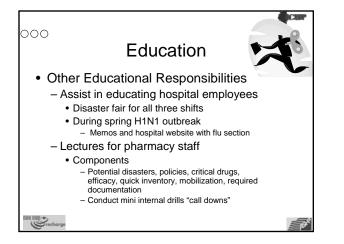


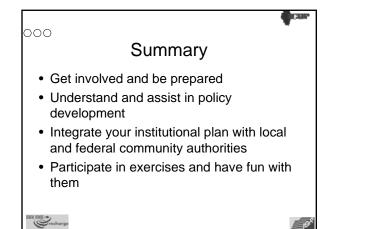














Post-test Questions- ICHP 2009 Topic: Disaster Planning for a Pandemic at the Institutional Level Presenter: Joanne C. Witsil, R.N, Pharm.D., BCPS

1) What are the essential components for a pandemic plan at an institution?

- a. Involvement, storage, planning
- b. Involvement, inventory, education
- c. Inventory, involvement, storage
- d. Planning, purchase, inventory
- 2) Institutional plans should NOT be integrated with local, state and federal plans?

a. True

b. False

3) When conducting an exercise drill, National table-top drills are the best way to .test. the institution's plan?

a. True

b. False