



Advancing Excellence in Pharmacy

Keep Posted

[Past Digital Issues](#) [Article Submission Guidelines](#) [Career Center](#)

Illinois reception at ASHP midyear 2017

JOIN US IN ORLANDO

Monday, December 4
5:30pm - 7:00pm

Orlando Hilton
6001 Destination Parkway
Orange Ballroom A (lower level)

NOTE ROOM CHANGE

Sponsored by CSU, MWU, RU, RFU, SIUE, UIC and ICHP

Professional Affairs

[Print This Article](#)

ICHP American Heart Association (AHA) 2017 Metro Heart Walk

by Tom Westerkamp, MS, RPh on behalf of the ICHP Community Service Sub-Committee



It was early on a sunny, hot Saturday morning when several sleepy student pharmacists and pharmacists gathered around an “ICHP” sign in an Oakbrook parking lot to join hundreds of other walkers on a 1-3 mile walk to raise funds and awareness for the American Heart Association's Heart Walk. Networking and mentoring started amongst the ICHP team as students talked to others from different schools and pharmacists about career opportunities and post-graduation plans for residencies.



The walk was successful and we were able to raise a total \$550 combined for the several walks around Illinois to help fight heart disease.

Before the walk started, the ICHP team spoke with a 59 year old man with an LVAD waiting for a heart transplant. He was out of breath at rest, and unable to walk, but felt the need to be at the walk for support. He thanked us for being there and for our efforts. This was a real life example of how pharmacists and pharmacy students care, and a reminder of how we are all part of a profession that makes a real impact on others and helps to save lives. ICHP has been committed to the profession and the community for over 50 years and we hope to continue to provide opportunities to impact our community and advance our profession.

IPHP HELPLINE

There is hope! — Call Illinois Professionals Health Program (IPHP) Helpline to receive support from your peers 24/7.

If you know someone who needs assistance, encourage them to call.
1-800-215-HELP (4357) www.advocatehealth.com/IPHP

© 2017 ICHP. All Rights Reserved.

[Home](#) | [About](#) | [Contact](#) | [Privacy Policy](#) | [Terms & Conditions](#) | [Advertising](#)