Official Newsjournal of the Illinois Council of Health-System Pharmacists

ICHP Advancing Excellence in Pharmacy KeePosted

American Heart Association Heart Walks

Feature Article

American Heart Association® Heart Walk®

For many of us, heart disease and stroke hit much closer to home than you may realize and we encounter it daily in our practice. This year, ICHP has committed to participating in the American Heart Association's Heart Walks in Illinois and St. Louis, Missouri. Because heart disease is the number one killer of all Americans, and affects the lives of so many of our lives, we have made this initiative a priority.

To reach our fundraising goals, we are encouraging all members to participate in our fundraising efforts. You have many options for participation, such as:

- Serving as a Local Team Leader (minor logistical responsibilities on the day of the event).
- Joining a Team as a fundraising walker (walkers who raise $100 or more will receive a special AHA Heart Walk shirt and are eligible for prizes).
- Making a personal donation to the ICHP team page even if unable to walk.

We seek motivated and dedicated members to serve as the Local Team Leader for each of the walks listed below. ICHP needs walkers who will not only walk and contribute themselves but also ask friends and family to donate to help us reach our goal in assisting the American Heart Association in fighting heart disease and stroke. If you would like to participate as a Walker to help raise funds, please go online here and register for the walk of your choice below. If you would like to participate as a Local Team Leader, please contact Tamkeen Quraishi Abreu (tquraishiabreu@gmail.com) from the Community Service Subcommittee.

Sincerely,

ICHP Professional Affairs Division
Illinois Council of Health-System Pharmacists (ICHP)

AHA Heart Walk Location	Date	ICHP Team Webpage
Rockford	6/17/17	http://www2.heart.org/site/TR?fr_id=2140&pg=team&team_id=188249
Chicago	9/24/17	http://www2.heart.org/site/TR?fr_id=2454&pg=team&team_id=188250
Carterville	10/7/17	http://www2.heart.org/site/TR?fr_id=2453&pg=team&team_id=188255

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