#### **ASHP Midyear Meeting: Steps to a Successful Residency Showcase Experience**

Carol Heunisch, Pharm.D, **BCPS** 

#### **OBJECTIVES**

- · Develop a timeline for Midyear planning & preparation
- Tips for successfully navigating the residency showcase

#### **ASHP MIDYEAR CLINICAL MEETING**

- **Residency Showcase** 
  - Informal meetings with residents, program directors, and preceptors
  - Opportunity to ask questions and get program information
  - Programs listed by training site, not specific program
    - Listings available early November
  - Dates for 2015
    - Monday December 7: 1-4PM
    - Tuesday December 8: 8-11AM & 1-4PM

#### **ASHP MIDYEAR CLINICAL MEETING**

- ASHP Personnel Placement Service (PPS)
  - Optional, additional fee for participation
  - Opportunity to schedule one on one interviews
  - Good to narrow potential programs for on-site interviews
  - Recruit for PGY1, PGY2 residents as well as fellowships
  - Search for "residency program postings" www.careerpharm.com
  - Registration opens September 16
  - Available at Midyear December 6-9, 730AM-5PM

#### TIMELINE FOR MIDYEAR PREPARATION

- September
  - Draft CV
  - Begin drafting cover letters
  - · Letters of recommendation
    - Never too early to ask
    - Be respectful of time

#### TIMELINE FOR MIDYEAR PREPARATION

- October
  - Review ASHP Online Residency Directory
  - · Contact programs of interest for additional information
  - Register to attend the ASHP Midyear Clinical Meeting (don't forget to book hotel & travel)
     Personnel Placement Service (PPS)?
  - Register for PhORCAS http://www.ashp.org/phorcas
  - · Register for The Match
    - http://www.natmatch.com/ashprmp
  - · Review your clothing

#### TIMELINE FOR MIDYEAR PREPARATION

- November
  - Finalize CV
  - Continue working on cover letters
  - Make selections for programs to visit at the residency showcase
    - Find out dates & times that the programs will be at the showcase
    - Look at the diagram to figure out where the program booth is located
    - Develop a list of questions
    - Do your homework—get to know the programs
  - Request transcripts to be sent to PhORCAS

Illinois Conneil of Months System Discounsists 2045 Amount Months

#### **RESIDENCY SHOWCASE**

- · Residency Showcase
  - Professional appearance
    - Wear clothes that fit well, comfortable yet professional shoes
    - Carry a folder or portfolio for papers, notes
  - Be respectful & make good use of everyone's time
    - -Articulate your interests up front
    - -Be prepared with questions
    - -Programs may or may not accept CVs
    - Take notes, collect names/business cards

illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **RESIDENCY SHOWCASE TALKING TIPS**

- Be prepared to ask:
  - Opportunities (teaching, research, rotations)
  - How does the program assess potential candidates?
  - Unique features of a program/what sets it apart
- · Be prepared to answer:
  - Why you are interested in the program
  - Unique qualities YOU bring to the program
  - How the residency program will help YOU meet your career goals
- DON'T ask:
  - "So, tell me about your program..."
  - Pay, location, vacation

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **RESIDENCY RESOURCES**

- http://www.ashp.org
- http://www.natmatch.com/ashprmp
- http://www.careerpharm.com
- http://www.ichpnet.org
- http://www.ashp.org/phorcas

#### **PGY-1 Residency Training Programs:** What are my options in **Community and Ambulatory Care?**

Susan R. Winkler, PharmD, BCPS, FCCP Midwestern University Chicago College of Pharmacy

#### **PGY-1 Programs**

- Separate accreditation standards for:
  - Pharmacy
    - Most common
  - Community
  - Managed Care
- Even programs following the same accreditation standard can have a different look, feel

#### **PGY-1 Programs**

- Different Settings
  - Academic Medical Center/Community
  - Acute Care v. Ambulatory Care
  - College-based
- Different Patient Populations
  - Ambulatory Care
  - Pediatric Hospital
  - Veterans Affairs Medical Center

#### **PGY-1 Pharmacy: Two Different Programs**

#### **Academic Health-Center Based**

- Orientation
- Cardiology
- Internal Medicine Administration
- Drug Information
- Transplant
- Infectious Diseases Research/Project Month
- Internal Medicine II
- Ambulatory Care
- Pediatrics
- Longitudinal: Service/Staffing

#### College-based: Teaching & **Ambulatory Care**

- Amb Care I: Anticoagulation
- Underserved Population Internal Medicine Inpatient
- Amb Care II: Diabetes
- Amb Care III: Medical Home Amb Care IV: Pulmonary
  - VA Setting
- Community
  Community Practice
   Service/Staffing/Management
- Longitudinal: Teaching/Precepting, Academia,

#### PGY-1 Program: Day in the Life

#### **Patient Care**

- Morning Rounds
  - Work rounds
- Teaching rounds
- Patient appointments
- Medication Reconciliation
- Antibiotic Stewardship

#### Other

- · Med Safety Meeting
- Topic Discussion with Students
- Project Meeting with Mentor
- Data collection
- Staffing

#### **PGY-1 Community**

- Accredited by ASHP in partnership with APhA
- · Various models exist for operation of residencies:
  - College of pharmacy and community pharmacy partnerships
  - Independent programs through colleges of pharmacy with their own pharmacies
  - Independent programs through community pharmacies or chain corporations

#### PGY-1 Community: Day in the Life

- Corporate experiences in leadership, practice management
- Development of business plan and implementation of pharmacy service
- Community Pharmacy Operations
- Community Pharmacy Clinical Services
- Ambulatory Clinic experiences
- Work within collaborative practice models
- Academic experiences
  - Didactic teaching
  - Practice-based research project
  - Grand Rounds

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **PGY-1 Managed Care**

- Accredited by ASHP in partnership with AMCP
- Residencies often operated through large managed care systems and pharmacy benefit management companies
- Presidency focused on project management, leadership development, population-based care and MTM

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

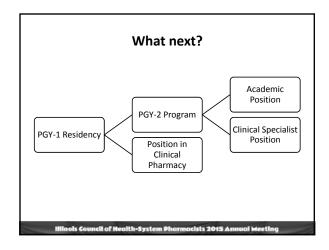
#### PGY-1 Managed Care: Day in the Life

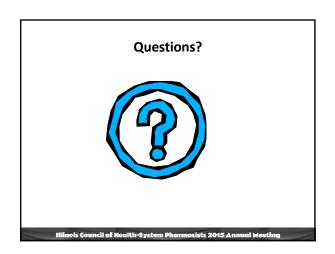
- Pharmacy benefit design/benefit manager experience
- Drug information/formulary management
- Ambulatory care experiences
- Medication safety
- Prior authorization
- MTM/Medication Use Management
- · Research project
- Academic experiences

Illinois Council of Monith System Dharmasists 2045 Annual Moning

#### All PGY-1 Programs

- Service Commitment
  - Staffing
    - Responsibilities
    - Time: How much? When? (weekend, evenings, on-call)
- Teaching Commitment
  - Is this something you want?
  - Is there teaching-related training?
- Program Size

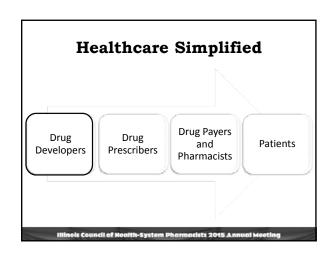




# Fellowships and Opportunities for PharmDs in the Pharmaceutical Industry

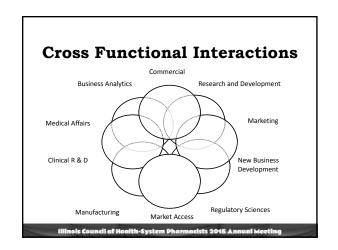
Mike Stamatis, Pharm.D. Rutgers Post-Doctoral Fellow, Genentech Inc.

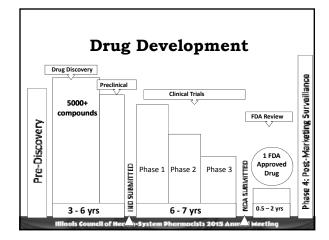
Illinois Council of Health-System Pharmacists 2015 Annual Meeting

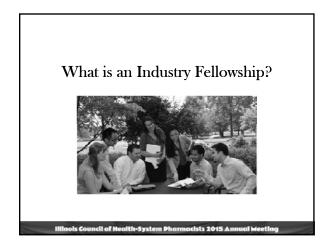


# Opportunities for PharmDs in the Industry

Industry				
Research & Development	Medical Affairs	Commercial	Regulatory Affairs	
Clinical pharmacology     Pre-clinical     Early Phase Development     Late Phase Development     Clinical operations	Medical Strategy     Medical Information     MSL     Publications     Medical Education     HEOR	Marketing     Market Research     Advocacy & Policy     Market Access     Business Development	Advertising & Promotions     Regulatory Strategy     Drug Safety     Risk Management	







Attribute	Fellowship	Residency
Impact on patient care	Global scale	Individual cases
Use of clinical knowledge	Varies depending on functional area	Direct patient care
General structure	1-2 year experience in core function ± rotations	1 year general practice ± 1 year specialty
Practice setting	Corporate	Inpatient/Outpatient
Scholarly activities	Teaching Research Publications	Teaching Research Publications
Salary	Competitive Stipend	Competitive stipend

Industry Component	Academic Component
<ul> <li>Hands on experience in specialty function and/or disease area</li> <li>Guidance from preceptors, mentors, and alumni</li> <li>Professional development through conferences, workshops, and more</li> <li>Internal and External rotation opportunities</li> </ul>	Professional Development Series  Teaching opportunities Research collaboration with faculty for publications/posters  Leadership opportunities as committee chairs and leads

#### Fellowship Candidate Eligibility

- Obtain a Doctor of Pharmacy (Pharm.D) and/or Doctorate of Philosophy (Ph.D.) degree by <u>July 1</u>, <u>2016</u> from an ACPE accredited pharmacy program
- Attend formal interview process at the ASHP Midyear Clinical Meeting in New Orleans

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

# Leading Partner Companies for 2015-2016 ACORDA Genentech Attender of the Rische Group NOVARTIS Pizer MERCK Sunovion Ruche AstraZeneca Catalent Bayer HealthCare Catalent SanoFi Sano

# Please find us at the showcase!

#### General PGY1 Information— What Are Your Options for Hospital & Informatics?

Noelle RM Chapman, PharmD, BCPS, FASHP Northwestern Memorial Hospital

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **PGY1 Hospital Info**

- WE are all individuals like YOU
   This is why "fit" is most important
- What is your **goal**?

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **PGY1 Hospital Info**

- Common themes to consider in hospital programs:
  - Service component
  - Ambulatory care/transitions of care requirements
  - Required learning experiences
  - Research

illinois Council of Health-System Pharmacists 2015 Annual Meeting

### Different Strokes for Different Folks

- Large AMC
- Single site
- Well established
- Large class
- On-call
- Traditional PGY1 structure
- Small Community
- Health System
- Newer program
- · Small class
- Service component
- Non-traditional experience

illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **Informatics**

- Growing field in pharmacy
- $\bullet$  Typically focused as a PGY2 program

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### General PGY1 Information— What Are Your Options for Hospital & Informatics?

Noelle RM Chapman, PharmD, BCPS, FASHP Northwestern Memorial Hospital

### CV: The key to a top curriculum vitae

Karen M. Kelly, Pharm.D. Clinical Pharmacy Manager Evanston Hospital NorthShore University HealthSystem

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### Curriculum vitae (CV)

- Latin = course or outline of your life
- Organized list of your professional qualifications, education, achievements & experiences
- Varies in length, more detailed than a resume
- Living document

Illinois Council of Hogith-System Pharmacists 2015 Annual Mostina

#### What should be included in a CV

- Your contact information @ top of page
  - Name, address, current phone & professional email address
- Licensure Status
  - State & type of license
- Education
  - Most recent educational experience first
  - School & your degree

illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### What should be included in a CV

- Professional experience
  - Most recent experience first
  - Position, name & location of employer, time frame of employment, name of supervisor including title
  - Description of position
  - Notable improvements & contributions to pharmacy practice
- Residency & Clerkship rotations
  - Spell out rotation & preceptor, including title
  - No abbreviations
  - Good to list if right out of school

Illinois Council of Health-System Pharmacists 2015 Annual Meetin

#### What should be included in a CV

- · Presentations, posters & publications
  - Include title & year
  - Name of group presented to & location
  - Use official citation method
- · Honors & Awards
  - List title & year
  - Deans list include quarter & year
- Professional & Community Service
  - Name of group, office held, describe the scope of responsibility & impact

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### What should be included in a CV

- - CPR, ACLS, BCPS, immunization training
  - Include the full certification name and the year earned Membership in organizations
- · Other special experiences or skills
  - Any unique quality, language, training
- References list out

#### Tips for a Top Notch CV

- Update regularly to reflect work experience, presentations
- Focus on professional, pharmacy-related information
- Include positive information about your achievements
- Be honest in your content

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### Tips for a Top Notch CV

- Use headings to identify each section
- Use simple fonts
- High quality, conservative paper
- No abbreviations
- · No colors
- Watch for spelling errors
- Have someone proofread it for you

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### What do employers look for?

- Professionalism
- · Signs of achievement
- Hard worker, continue to have the willingness to work hard
- Patterns of stability & career direction

illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### What NOT to Include in your CV

- Personal information
- · Reason for changing jobs or no job
- · Photo, unless requested
- High-school
- Interests and hobbies

Illinois Council of Health-System Pharmacists 2015 Annual Meetin

#### Conclusion

- Be honest in your content
- Highlight your strengths & achievements
- Create a good first impression
- Your CV as an advertisement for YOU!

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### References

- American Society of Health-System Pharmacists. Curriculum Vitae Resource Center. Available at: http://www.ashp.org/menu/MemberCenter/SectionsForums/PSF/CareerCenter/Career-Planning/Curriculum-Vitae-Resource-Center.aspx. Accessed July 1,2015.
- CV-Resume.org. CV Resume and Cover Letter. Available at <a href="http://cv-resume.org">http://cv-resume.org</a>. Accessed July 1, 2015.
- University of Kent, Careers and Employability Service. How to write a successful CV. Available at: http://www.kent.ac.uk/careers/cv.htm. Accessed July 1, 2015.

#### The Letter of Intent

Jen Phillips, PharmD, BCPS Associate Professor, Midwestern University September 12, 2015

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **Objectives**

- 1. Identify the purpose of a letter of intent.
- 2. List things to include and not include in a letter of intent.

lineis Council of Health-System Pharmacists 2015 Annual Meeting

#### The Match Process

- Residencies are looking for the "best fit"
  - Clinical interests
  - Character
  - Learning style
  - Strength/type of clinical rotations
  - Professional involvement
  - Clinical aptitude
  - Personality

illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### Why do I need one?

- Important way for you to DISTINGUISH yourself from other candidates
- Highlights things not included in a CV such as: skills, experience, goals, and communication skills

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **Overcoming Barriers**

Issue	Recommendation	
"I do not feel comfortable selling myself."	Use comments/feedback from rotations to help you identify your strengths     Don't go overboard (i.e., "I am the best student ever.")	
"I am not a good writer."	Put down all of your ideas first Enlist help (i.e., mentor, preceptor, etc.) when "smoothing it out" but make the changes YOURSELF	
"I do not know what to put in the letter."	Seek examples from current residents, websites, etc.     Refer to outside sources for suggestions (residency books, articles, this presentation, e.g.)	

llinois Council of Health-System Pharmacists 2015 Annual Meeting

#### What to include

- Why you want to do a residency
- Why you want to do a residency THERE
- Current area(s) of interest
- Preferred environment
- Short and long-term goals
- Other information requested by the program (check recruiting materials!)

#### What NOT to include

- · List or summary of rotations
  - This is already included in your CV
- Negative experiences
  - Pharmacy is a small world!
- Hobbies/outside interests

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **Format**

- Standard business letter
  - Address to the appropriate person
  - Spell name correctly!
  - Separate letter for <u>each</u> site
  - Style
    - 1 page
    - 11-12 point font
    - No "frilly" font styles
    - Appropriate margins

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **Format**

- 3-5 paragraphs
  - Intro
    - Why interested in the position/place
  - Body
    - Highlight skill set, successes, experiences
    - Use specific examples
    - Sell the match!
  - Conclusion
    - Summarize / reinforce interest
    - "Thank you for your time/consideration"

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### Additional "hints"

- Proofread, proofread, PROOFREAD!
- Spend a LOT of time thinking
  - Goals, preferences, etc.
- Customize your letter by site
  - People, experiences, examples that support your skill assessment
- Send a different letter to each place

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **Additional Reading**

 Bauman JL, Sims KA. The ACCP Field Guide to Becoming a Standout Pharmacy Residency Candidate. American College of Clinical Pharmacy. 2012. p. 181-183.

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### Questions?

# PhORCAs – The new on-line residency application system

Frank Paloucek, PharmD, DABAT, FASHP

No handouts available

#### **Residency Interview Pearls**

#### Abby A. Kahaleh, BPharm, MS, PhD, MPH

AACP Academic Leadership Fellow Associate Professor of Clinical and Administrative Sciences

Roosevelt University College of Pharmacy

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### Main Goal of the Interview

- Residency program perspective:
  - Evaluate which candidate if the most qualified
  - Assess which candidate fits the best
- Residency applicant perspective:
  - Evaluate clinical management, opportunities available at the program
  - Find the program that fits the best with vour interest

illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### Prior to the Interview (1)

- · Research the program
- Familiarize yourself with the location of the interview
- Gather information from current and/or previous residents
- Make sure all your documents have been received
- Ask about formal presentations, number of interviewers, and expectations

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### Prior to the Interview (2)

- ► Have electronic and hard copies of your CV, letter of intent
- ► Select your references carefully
- ► Share with your references the residency programs that you are interviewing with
- ► Dress professionally and have positive attitude
- ► Practice mock interviews with friends and/or family members

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### Types and Format Interviews

- Individual, group, combination
- Meeting with residents, preceptors, pharmacy directors, residency directors, staff
- Presentation, clinical case
- Tour of the facility
- Breaks/meals between interviews

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **Interview Questions**

- Personal
- Behavioral
- Clinical
- · Experiential
- · Reflective

#### **Personal Questions**

- ► What are your short and long-term *career goals*?
- ► Why do you want to do a *residency*?
- ► What are your *strengths* and *weaknesses*?
- ► What is your greatest *professional accomplishment?*
- ► What makes you the *best candidate*?

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **Behavioral Questions**

- Tell me about a time when you took the *lead* in a situation
- Share an example when you had a conflict with a colleague, preceptor, supervisor
- Describe your approach to conflict resolution and stress management
- Based on your personal experience explain the best strategy for handling mistakes

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **Clinical Questions**

- Provide an example of a specific patient case during your rotations when you went above and beyond the call of duty
- Questions on *clinical trials*, *patient cases*, *quidelines* related to your presentation
- Share a specific example of a recommendation/suggestion that you made during rounds or at a clinical site

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **Experiential Questions**

- ▶ Describe your best *clinical rotation*
- ► Share the most significant *contribution* that you made during your rotations?
- ► Describe your most favorite and memorable *patient?*
- ► What would your first and last *preceptor* say about you?
- ► Who was your *favorite* preceptor?

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **Reflective Questions**

- ► What are your *best* and *worst* qualities?
- ► Why did you attend *pharmacy school*?
- ► Where do you see yourself *after residency*?
- ► What areas of *pharmacy practice* interest you?
- ► How would you define *pharmaceutical* care?

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **Tips for Answering Questions**

- *Listen* carefully to the question
- Ask for a *clarification*, if you didn't understand the question
- Be honest, confident, and straightforward
- *Repeat* the question if you need time to gather your thoughts
- Provide *specific examples* and link them to the question
- Know your *strengths*, *weaknesses*, and your *plan of action*

# The Match / Ranking Process and Post-match scramble

Nora Flint, PharmD, FASHP, BCPS

No handouts available

# Get the inside scoop from a residency preceptor

Christopher W. Crank, PharmD, MS, BCPS AQ-ID

No handouts available

# The Vibrant Shuffle on the Path to a Residency

Get the Inside Scoop from a Past Resident

Lana Wong, PharmD PGY2 Solid Organ Transplant Pharmacy Resident Northwestern Memorial Hospital

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **Objectives**

- Reasons to do a residency
- Find your personal fit
- · What to expect
- How to be successful
- Resources

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### Reasons to Do a Residency

- Personal development
  - Feedback
- Professional development
  - Leadership skills
  - Career opportunities
- Interests development
  - PGY2, fellowship, etc.

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

#### **Personal Fit**

- · Class size
- Location
- Mentorship
- Specialty interests
- Experiences
  - Research, academia, patient populations

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

# What to Expect in Residency Staffing Component Component Administration Research Projects Presentations Teaching Roles Committee Membership Opportunities Responsibility

# How to Be Successful in Residency

- Be open-minded
  - Adaptability
- Be organized
  - Time Management
- Be professional
- Be intentional
  - Plan ahead for your next step
- Be proactive
  - Ask for help and feedback

#### **Resources**

- Preceptors
- Faculty
- Current & past residents
- Informational meetings
  - Round tables & showcases
- Literature
  - Get the Residency: ASHP's Guide to Residency Interviews and Preparation

Illinois Council of Health-System Pharmacists 2015 Annual Meeting

# The Vibrant Shuffle on the Path to a Residency

Get the Inside Scoop from a Past Resident

Lana Wong, PharmD PGY2 Solid Organ Transplant Pharmacy Resident Northwestern Memorial Hospital